

# Shaheen's Indian

Finest Indian Cuisine

(V) - vegetarian (GF) - Gluten free (VG) - Vegan

All dishes can have the heat levels adjusted to the following: 1 - Mild/Medium, 2 Medium, 3 - Medium/Hot, 4 - Hot, 5 - Very Hot

## Traditional Balti Dishes

We are proud to bring you the finest Balti Dishes. The Balti is a traditional cast iron cooking bowl or wok. We authentically prepare each dish and serve it at your table in the Balti itself. This greatly enhances the flavours and uplifts the taste and texture, allowing all the exotic aromas to be fully appreciated.

### Balti Masalas

Served with house Pilau Rice.

Apart from Sabzee Masala, the Masala Dish is marinated in a special sauce.

It is cooked in the Tandoor, then prepared as a Curry and presented as described above.

Balti Chicken Masala (GF)	£13.90
Balti Chicken Tikka Masala (GF)	£14.90
Balti Lamb Masala (GF)	£15.90
Balti Sabzee Masala (veg) (V) (GF)	£13.50
Balti King Prawn Masala (GF)	£19.90
Balti Machli Masala (fish) (GF)	£13.50
Balti Chana Masala (veg) (V) (GF)	£13.50
Balti Prawn Masala (GF)	£16.90
Balti Paneer Tikka Masala (V) (GF)	£13.50

### Original Balti Dishes

Served with house Pilau Rice.

Balti Ghosht (lamb) (GF)	£15.90
Balti Sabzee (veg) (V) (GF) (VG)	£13.90
Balti Keema (minced lamb) (GF)	£13.90
Balti Chicken (breast) (GF)	£15.90
Balti Prawns (GF)	£15.90
Balti King Prawns (GF)	£19.90
Balti Chana (V) (GF) (VG)	£13.90
Balti Paneer (V) (GF)	£13.50
Balti Mushrooms (V) (GF) (VG)	£13.90

### Biryani Dishes

Biryani dishes obtain their flavour by gently cooking basmati rice in a special mixture of herbs and spices. The biryani dish is served with the sauce mixed in NOT separate to enhance the flavour'

Chicken Tikka Biryani	£16.90
Lamb Biryani	£16.90
Prawn Biryani	£16.90
Machli Biryani (fish)	£15.90
Chicken Biryani	£15.90
Mushroom Biryani (V) (VG)	£15.90
King Prawn Biryani	£18.90
Mixed Vegetable Biryani (V) (VG)	£15.90
Chana Biryani (V) (VG)	£15.90

### Shaheen's Special Dhanyia Balti Dishes

The following combinations are marinated with a special sauce, cooked in the Tandoor and then finally prepared as a curry with the extra aroma of Coriander.

Balti Ghosht (lamb) (GF)	£15.90
Balti Chicken Tikka (GF)	£15.90
Balti Sabzee (veg) (V) (GF) (VG)	£13.90
Balti Keema (minced lamb) (GF)	£13.90
Balti Chicken (breast) (GF)	£15.90
Balti Prawns (GF)	£16.90
Balti King Prawns (GF)	£19.90
Balti Chana (V) (GF) (VG)	£13.90
Balti Paneer (V) (GF)	£13.90

### Balti Combo Dishes

Balti combo dishes are an add on into the original Balti dishes, special balti dishes and Balti masalas. These do NOT come served separate as they are cooked with the dishes listed above.

Dhal (lentils) (V) (GF) (VG)	£4.00
Bhindi (okra) (V) (GF) (VG)	£4.00
Mushrooms (V) (GF) (VG)	£4.00
Sabzee (veg) (V) (GF) (VG)	£4.00
Kashmiri Korma (madras hot) (V) (GF)	£4.00
Kashmiri Dhansak (madras hot) (V) (GF)	£4.00
Sag (spinach) (V) (GF) (VG)	£4.00
Chana (chick peas) (V) (GF) (VG)	£4.00
Gobi (cauliflower) (V) (GF) (VG)	£4.00
Kashmiri Malayan (madras hot) (V) (GF)	£4.00
Kashmiri Jalfrezi (madras hot) (V) (GF) (VG)	£4.00
Kashmiri Pathia (madras hot) (V) (GF) (VG)	£4.00
Paneer (V) (GF)	£4.00
Keema (GF)	£4.00
Potatoes (V) (GF) (VG)	£4.00

### Chef Special Balti's

Mix Meat Balti (GF)	£21.90
Mix Seafood Balti (GF)	£24.90
Meat & Seafood Balti (GF)	£25.90
Balti Garlic Chilli chicken (GF)	£17.90
Balti chicken & Keema (GF)	£17.90
Balti chicken & paneer (GF)	£17.90
Balti chicken & paneer masala (GF)	£17.90
Balti Lamb & peas (GF)	£17.90
Balti garlic chilli king Prawn (GF)	£19.00
Balti garlic chilli Lamb (GF)	£17.90
Balti Lamb & Bhindi (okra) (GF)	£17.90
Balti Lamb & Keema (GF)	£17.90
Balti garlic chilli paneer (V) (GF)	£17.90

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## Vegetable Sides

Only served as an accompaniment with main meals.

Sabzee Bhaji (veg) (V) (GF) (VG)	£6.00
Sag Paneer (spinach & cheese) (V) (GF)	£6.00
Dall Saag (lentils & spinach) (V) (GF) (VG)	£6.00
Mushroom Dhal (lentils) (V) (GF) (VG)	£6.00
Bombay Aloo (spicy potatoes) (V) (GF) (VG)	£6.00
Tarka Dhal (lentils) (V) (GF) (VG)	£6.00
Sag Gobi (spinach & cauliflower) (V) (GF) (VG)	£6.00
Sabzee Dhal (vegetables & lentils) (V) (GF) (VG)	£6.00
Cauliflower Bhaji (V) (GF) (VG)	£6.00
Bhindi Bhaji (V) (GF) (VG)	£6.00
Aloo Gobi (potatoes & cauliflower) (V) (GF) (VG)	£6.00
Aubergine Bhaji (V) (GF) (VG)	£6.00
Sag Aloo (spinach & potatoes) (V) (GF) (VG)	£6.00
Sag Bhaji (spinach) (V) (GF) (VG)	£6.00
Mushroom Bhaji (V) (GF) (VG)	£6.00
Dhal Aloo (lentils & potatoes) (V) (GF) (VG)	£6.00
Chana Bhaji (V) (GF) (VG)	£6.00
Matar Paneer (peas & cheese) (V) (GF)	£6.00

## Vindaloo

A highly recommended dish, fairly hot in taste.

Cooked with a combination of hot chillies to give this dish it's distinctive hot flavour.

Chicken Vindaloo (GF)	£15.90
Chicken Tikka Vindaloo (GF)	£17.90
Lamb Vindaloo (GF)	£15.90
Prawn Vindaloo (GF)	£15.90
Machli Vindaloo (fish) (GF)	£15.90
Chana Vindaloo (V) (GF)	£15.90
Mushroom Vindaloo (V) (GF)	£15.90
King Prawn Vindaloo (GF)	£18.90
Mixed Vegetable Vindaloo (V) (GF)	£15.90

## House Sauces

Only served as an accompaniment with main meals.

Tikka Masala Sauce (V) (GF)	£5.00
Kashmiri Korma Sauce (madras hot) (V) (GF)	£5.00
Kashmiri Malayan Sauce (V) (GF)	£5.00
Dupiaza Sauce (V) (VG) (GF)	£5.00
Dhansak Sauce (V) (GF)	£5.00
Dahi Sauce (madras hot) (V) (GF)	£5.00
Jalfrezi Sauce (madras hot) (V) (VG) (GF)	£5.00
Korma Sauce (V) (GF)	£5.00
Malayan Sauce (V) (GF)	£5.00
Bhuna Sauce (V) (VG) (GF)	£5.00
Pathia Sauce (sweet & sour) (V) (VG) (GF)	£5.00
Kashmiri Dhansak Sauce (V) (GF)	£5.00
Madras Sauce (V) (VG) (GF)	£5.00
Vindaloo Sauce (V) (VG) (GF)	£5.00

## Tandoori Sizzlers

Pieces of chicken breast individually marinated in a masala sauce and then cooked in a traditional method by barbecuing in the tandoor.

Chicken Tikka (GF)	£18.00
Chicken Tikka Platter	£28.00
Vegetable Platter (V)	£18.00
Seafood Platter	£28.00

## Desserts

Ice Cream (V)	£5.00
Kulfi Ice Cream (V)	£6.00
Gulab Jamman (V)	£3.50
Kulfi & Gulab Jamman (V)	£7.00
Ice Cream & Gulab Jamman (V)	£6.50
Strawberry Cheesecake (V)	£6.50
Chocolate Fudge Cake (V)	£6.50

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## Curries

All Chicken Tikka dishes are marinated in a special sauce and cooked in a clay oven, then finished in the pan.

### Korma

Preparation and combination of mild spices, cream and coconut to give a mild and delicate taste.

Chicken Tikka Korma (GF)	£12.90
Lamb Korma (GF)	£12.90
Prawn Korma (GF)	£12.90
Machli Korma (fish) (GF)	£11.90
Chicken Korma (GF)	£11.90
Mushroom Korma (V) (GF)	£10.90
King Prawn Korma (GF)	£17.90
Mixed Vegetable Korma (V) (GF)	£10.90
Chana Korma (V) (GF)	£10.90
Butter Chicken	£11.90
Paneer Korma (V) (GF)	£11.90

### Malayan

A dish spiced in a rich creamy sauce with pineapple, bananas and herbs to give a delicate taste.

Chicken Tikka Malayan (GF)	£12.90
Lamb Malayan (GF)	£12.90
Prawn Malayan (GF)	£12.90
Machli Malayan (fish) (GF)	£11.90
Chicken Malayan (GF)	£11.90
Mushroom Malayan (V) (GF)	£10.90
King Prawn Malayan (GF)	£17.90
Mixed Vegetable Malayan (V) (GF)	£10.90
Chana Malayan (V) (GF)	£10.90
Paneer Malayan (V) (GF)	£11.90

### Bhuna

A dish of Dry consistency, cooked with onions, tomatoes and three peppers, giving it a medium strength in taste.

Chicken Tikka Bhuna (GF)	£12.90
Lamb Bhuna (GF)	£12.90
Prawn Bhuna (GF)	£12.90
Machli Bhuna (fish) (GF)	£11.90
Chicken Bhuna (GF)	£11.90
Mushroom Bhuna (V) (GF) (VG)	£10.90
King Prawn Bhuna (GF)	£17.90
Mixed Vegetable Bhuna (V) (GF) (VG)	£10.90
Chana Bhuna (V) (GF) (VG)	£10.90
Paneer Bhuna (V) (GF)	£11.90

### Dupiaza

This dish is cooked in a delicately flavoured sauce and with a combination of fried onions giving it a medium strength in taste.

Chicken Tikka Dupiaza (GF)	£12.90
Lamb Dupiaza (GF)	£12.90
Prawn Dupiaza (GF)	£12.90
Machli Dupiaza (fish) (GF)	£11.90
Chicken Dupiaza (GF)	£11.90
Mushroom Dupiaza (V) (GF) (VG)	£10.90
King Prawn Dupiaza (GF)	£17.90
Mixed Vegetable Dupiaza (V) (GF) (VG)	£10.90
Chana Dupiaza (V) (GF) (VG)	£10.90
Paneer Dupiaza (V) (GF)	£11.90

### Mushroom

A medium flavoured dish with the added attraction of mushrooms and garlic.

Chicken Tikka Mushroom (GF)	£12.90
Lamb Mushroom (GF)	£12.90
Prawn Mushroom (GF)	£12.90
Machli Mushroom (fish) (GF)	£11.90
Chicken Mushroom (GF)	£11.90
King Prawn Mushroom (GF)	£17.90
Mixed Vegetable Mushroom (V) (GF) (VG)	£10.90
Chana Mushroom (V) (GF) (VG)	£10.90
Paneer Mushroom (V) (GF)	£11.90

### Sag

This dish is cooked with spinach and garlic to give it a delicate taste.

Chicken Tikka Sag (GF)	£12.90
Lamb Sag (GF)	£12.90
Prawn Sag (GF)	£12.90
Machli Sag (fish) (GF)	£11.90
Chicken Sag (GF)	£11.90
Mushroom Sag (V) (GF) (VG)	£10.90
King Prawn Sag (GF)	£17.90
Mixed Vegetable Sag (V) (GF) (VG)	£10.90
Chana Sag (V) (GF) (VG)	£10.90
Paneer Sag (V) (GF)	£11.90

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## Curries

### Roghan

A dish special in the taste and preparation with garlic, onions tomatoes and green peppers.

Chicken Tikka Roghan (GF)	£12.90
Lamb Roghan (GF)	£12.90
Prawn Roghan (GF)	£12.90
Machli Roghan (fish) (GF)	£11.90
Chicken Roghan (GF)	£11.90
Mushroom Roghan (V) (GF) (VG)	£10.90
King Prawn Roghan (GF)	£17.90
Mixed Vegetable Roghan (V) (GF) (VG)	£10.90
Chana Roghan (V) (GF) (VG)	£10.90
Paneer Roghan (V) (GF)	£11.90

### Dahi

A dish which is cooked with garam masala and yoghurt, which gives it a fairly hot flavour.

Chicken Tikka Dahi (GF)	£12.90
Lamb Dahi (GF)	£12.90
Prawn Dahi (GF)	£12.90
Machli Dahi (fish) (GF)	£11.90
Chicken Dahi (GF)	£11.90
Mushroom Dahi (V) (GF)	£10.90
King Prawn Dahi (GF)	£17.90
Mixed Vegetable Dahi (V) (GF)	£10.90
Chana Dahi (V) (GF)	£10.90
Paneer Dahi (V) (GF)	£11.90

### Pathia

A dish seasoned with curry sauce and flavoured with sweet and sour herbs to give a tangy taste.

Chicken Tikka Pathia (GF)	£12.90
Lamb Pathia (GF)	£12.90
Prawn Pathia (GF)	£12.90
Machli Pathia (fish) (GF)	£11.90
Chicken Pathia (GF)	£11.90
Mushroom Pathia (V) (GF) (VG)	£10.90
King Prawn Pathia (GF)	£17.90
Mixed Vegetable Pathia (V) (GF) (VG)	£10.90
Chana Pathia (V) (GF) (VG)	£10.90
Paneer Pathia (V) (GF)	£11.90

### Dhansak

A dish seasoned with thick curry sauce, cooked with lentils and flavoured with pineapple and lemon.

Chicken Tikka Dhansak (GF)	£12.90
Lamb Dhansak (GF)	£12.90
Prawn Dhansak (GF)	£12.90
Machli Dhansak (fish) (GF)	£11.90
Chicken Dhansak (GF)	£11.90
Mushroom Dhansak (V) (GF)	£10.90
King Prawn Dhansak (GF)	£17.90
Mixed Vegetable Dhansak (V) (GF)	£10.90
Chana Dhansak (V) (GF)	£10.90
Paneer Dhansak (V) (GF)	£11.90

### Madras

This dish originated in the south of India and the combination of its herbs and spices, give it a fairly hot taste.

Chicken Tikka Madras (GF)	£12.90
Lamb Madras (GF)	£12.90
Prawn Madras (GF)	£12.90
Machli Madras (fish) (GF)	£11.90
Chicken Madras (GF)	£11.90
Mushroom Madras (V) (GF) (VG)	£10.90
King Prawn Madras (GF)	£17.90
Mixed Vegetable Madras (V) (GF) (VG)	£10.90
Chana Madras (V) (GF) (VG)	£10.90
Paneer Madras (V) (GF)	£11.90

### Jalfrezi

This dish is highly recommended, it is garnished with fresh fried onions, green chillies and garam masala, to give it a medium dry and fairly hot taste.

Chicken Tikka Jalfrezi (GF)	£12.90
Lamb Jalfrezi (GF)	£12.90
Prawn Jalfrezi (GF)	£12.90
Machli Jalfrezi (fish) (GF)	£11.90
Chicken Jalfrezi (GF)	£11.90
Mushroom Jalfrezi (V) (GF) (VG)	£10.90
King Prawn Jalfrezi (GF)	£17.90
Mixed Vegetable Jalfrezi (V) (GF) (VG)	£10.90
Chana Jalfrezi (V) (GF) (VG)	£10.90
Paneer Jalfrezi (V) (GF)	£11.90